

NURSES HEART O HEART

Sharing Knowledge and Hope



Dear Friends of Nurses Heart to Heart,

On May 10th we will be leaving on our 6th teaching trip to Mongolia!

We will begin teaching at First Maternity Hospital in Ulaan Bataar. This is a huge opportunity for us as Mongolia's infant mortality rate is four times higher than in the United States. This will require us to purchase additional sets of infant and premature infant CPR manikins. We may be able to teach CPR to new parents as well. We're excited that Tanya Owens, a certified midwife, is joining us this year. Planning for our future mission trips, she'll have the opportunity to work with the staff to develop programs to meet the needs of nurses caring for premature infants.

From Ulaan Bataar we will travel to 3 provinces in the Gobi Desert to teach in the cities of Arvaiheer, Mandalgobi and Dalandzadgad. First described by Marco Polo in the 13th century, the Gobi is the largest desert in Asia.

It is vital for any medical mission to build on its past success and hopefully become self-perpetuating. To that end we are delighted that our team will again be joined by our friends and partners, Mongolian nurses, Bolotuya Sureнкуu, Enhtuul Choinhor, and Ivshее Ivshinnorov, and by our translator, Sara Chimege. This demonstrates the continuity of instruction that has allowed our efforts to multiply over the years. To date we have trained over 1200 Mongolian nurses and doctors, donated 100 CPR manikins and received numerous awards from the Mongolian Ministry of Health and provincial authorities.

Our volunteer nurses this year are Anita Rich, Mariana Botha, and Tanya Owens.

Anita Rich, BSN RN CHFN, founded Nurses Heart to Heart in 2010. She graduated from Emory University and has been a nurse at Emory Healthcare for 35 years. She is presently the Heart Failure Coordinator at Emory Johns Creek Hospital. She has served as a volunteer nurse in Mongolia, Nicaragua, Romania, Kosovo, Uganda, Honduras, and most recently in Dohuk, Iraq in January.

Mariana Botha, RN CPHQ has been a nurse for 20 years. She began her nursing career at the South African Medical Services Nursing College. Mariana joined Emory Healthcare in 2006 as a Charge Nurse on the Surgical Unit at Emory Johns Creek Hospital. For the past 5 years she has been working in the Quality Department focusing on quality and process improvement.

Tanya Owens, MSN RN CNM began her nursing career in the ICU, CCU, and ER. She then worked in labor and delivery where she found her life's calling. She became a nurse midwife, graduating from Emory University. She works at Athens Regional Midwifery and Women's Health Practice and has delivered more than 2000 babies.

We are asking for your financial support. The nurses on the team are volunteers, but your gift will help purchase manikins and teaching supplies, provide translators, and travel expenses for the team. You can mail your gift in the enclosed envelope or donate online at www.nhth.org. Thank you in advance for your support.

Warmest regards,

Anita Rich

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Contributions are deductible under section 170 of the Code.